



Post-Operative Instructions for Crown and Bridge

During the preparation for a crown the defective structure of a tooth will be removed to make room for the crown materials. Then an accurate mold will be taken and sent to the dental laboratory to fabricate the final crown. A second appointment is required to cement the crown permanently.

First Appointment

Temporary Crown Placement- Following the first appointment you will receive a temporary crown that is placed and cemented to the prepared tooth. Because temporary cement washes out rapidly, you may experience some sensitivity to cold and hot. Try to brush the area gently and when you floss, pull the floss out from the side rather than upward. The rapid upward motion may dislodge the temporary crown. A warm salt water rinse may provide relief of possible irritated tissue. Avoid eating hard or sticky foods where the temporary crown is, as this may dislodge the temporary crown. If a temporary crown becomes loose or falls out, immediately call and come back to the office to get the crown either re-cemented or re-fabricated.

Second Appointment

Final Crown Placement- Please do not eat or drink for 30 minutes after your new crown is cemented. Do not eat hard or sticky foods for 24 hours while the cement completely sets. Your new crown may feel tight or as if it is pushing against the teeth next to it for several hours. This discomfort will go away within a day or two. Sensitivity, especially to hot and cold is common after a crown is cemented. You should make an adjustment appointment if the sensitivity persists or increases. We always make a check appointment a week after the final cementation of a crown to assure the excellent tissue reaction and to remove potential excess cement. Please follow prescribed oral hygiene instructions-45-degree angle brushing twice a day and flossing once a day to avoid getting a cavity or gum disease around your new crown. Flossing is especially important in preserving the health of your crown or bridge.

If you have any questions, please call us any time of day or night.

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